

Name of Meet	ERSKINE LAKES "GO FOR THE GOLD" SWIM MEET INVITATIONAL SATURDAY, AUGUST 6, 2011
Host Club	Erskine Lakes Aquatic Club
Date of Meet	Saturday, August 6, 2011
Eligible Lakeland Swim Conference Teams	Cruiser Club, Erskine Lakes, Fayson Lake, Green Pond, Highland Lakes, Lake Valhalla, Lincoln Park, Mountain Lakes, Packanack Lake, Pequannock, Smoke Rise, Wayne Waves, West Milford, White Meadow Lake
Location	Upper Lake, Upper Lakeview Avenue and Pequot Road, Ringwood, NJ ELAC has eight, 50 meter swim lanes using a two button semi-automatic Colorado timing system. A minimum of two backup watches will be used on each lane.
Meet Director	Ken Steinberg: 201-674-5154; ken_steinberg@yahoo.com
Meet Referee	TBD
Meet Marshal	Sheila Steinberg: 201-674-5153; sheila_ken@yahoo.co.uk
Entry Coordinator	Ken Steinberg: 201-674-5154; ken_steinberg@yahoo.com
Entry Deadline	Entries must be received no later than Wednesday, August 3 to be included in the meet program. Entries will be accepted until 6:00 PM, Thursday, August 4. Any other entries must be given at the Scratch Meeting.
Meet Format Waiver	ELAC reserves the right to adjust warm-up times, sessions and start times after all entries are received and session time estimates are computed by Meet Manager to best manage the meet timeline. Any changes to the meet will be determined by the Meet Director.
Officials	All teams submitting entries must provide timers and officials. All coaches and officials will be provided with a food ticket. Timers will be provided with beverages.
Swimmer Eligibility	<ol style="list-style-type: none"> 1. This invitational is open only to Lakeland Swim Conference teams. 2. Swimmers may swim in as many individual or relay events for which they are qualified using an age as of June 1, 2011. 3. Swimmers must meet all rules for eligibility and be listed on current LSC rosters. 4. Swimmers must have a time on record with LSC as of the Highland Lakes "B" Swim Meet Invitational. Any LSC entrants who have no time on record for a given event will be entered in the age group open event for that stroke. 5. The dual meet that occurs in the week between the Highland Lakes "B" and Erskine Lakes "Go For The Gold" Swim Meet Invitationals will not affect swimmer eligibility in the Erskine Lakes "Go For The Gold" Swim Meet Invitational. Entries will be accepted based on times on record with LSC following the Highland Lakes "B" Swim Meet Invitational.

<p>Meet Rules</p>	<ol style="list-style-type: none"> 1. All swimmers without an "A" time following the Highland Lakes "B" Swim Meet Invitational are eligible to swim for points and awards. 2. The Erskine Lakes "Go For The Gold" Swim Meet Invitational will use a "B" and "C" dual time standard. The "B" Time Standard is published by the LSC and is the same Time Standard used by all teams in the LSC. The "C" Time Standard will be published by Erskine Lakes on the Sunday following the Highland Lakes "B" Swim Meet Invitational. Erskine Lakes will follow the "C" Meet Invitational tradition by adding .01 seconds to the 8th place finish time for each relevant event of the Highland Lakes "B" Meet Invitational. If a Highland Lakes "B" Meet Invitational event does not have 8 places the cut off time will be determined by adding .01 seconds to the last place finisher in that event. 3. Two divisions, "B" Division and "C" Division, will be created using the dual "B" and "C" time standards. Swimmers with a time equal to or slower than the cut-off time for an event may be entered in that EVENT and placed in the corresponding DIVISION. 4. A swimmer's placement in the "B" Division or "C" Division will be determined based on his or her <i>seed time</i>. There will be separate scoring and awards for the "B" Division and "C" Division. For example, there will be two event winners for a 50 Freestyle event, one for the "B" Division and one for the "C" Division. 5. There is no limit to number of events in which swimmers may participate. Each swimmer may swim in as many individual, and relay events for which he or she qualifies. 6. Swimmers with "A" times are eligible to swim but will be entered in the age group open events for the strokes in which they have "A" times. The open events are not scored and the swimmers will not be eligible to score points or win awards. 						
<p>Relays</p>	<p>Only swimmers that DO NOT have an "A" time in a given stroke and distance may swim in a relay using that stroke. Having an "A" time in Freestyle will not make a swimmer ineligible to swim Breaststroke, Backstroke, or Butterfly if he or she does not have an "A" time in those strokes.</p> <p>Each team may submit as many relays as desired.</p>						
<p>Meet Format</p>	<p>This swim meet invitational will be governed by the current LSC rules. It is a deck-seeded timed finals swim meet invitational. Deck entries will be permitted until 8:15 AM on the day of the swim meet invitational.</p>						
<p>Meet Schedule</p>	<table style="width: 100%; border: none;"> <tr> <td style="width: 70%;">Coaches Meeting, Scratches, Deck Entries</td> <td style="text-align: right;">8:00 AM</td> </tr> <tr> <td>Warm-up</td> <td style="text-align: right;">8:30 AM</td> </tr> <tr> <td>Meet Start</td> <td style="text-align: right;">9:00 AM</td> </tr> </table>	Coaches Meeting, Scratches, Deck Entries	8:00 AM	Warm-up	8:30 AM	Meet Start	9:00 AM
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Meet Start	9:00 AM						
<p>Warm-up Procedure</p>	<p>Entry into swim lanes: all swimmers must enter the swim lanes from the start end of the swim lanes.</p> <p>Warm-up sessions will be divided fairly and equitably based on the number of a team's entrants. There will be specific lane assignments for each team.</p>						
<p>Participating Team Responsibilities:</p>	<p>Participating LSC teams are expected to assist with timing assignments. Timing assignments will be Emailed to participating LSC teams and will be assigned fairly and equitably based on the number of a team's entrants.</p> <p>Participating club parents must stay off the pool deck except to report for timing assignments.</p> <p>Participating clubs are expected to assist with officiating.</p>						
<p>Seeding</p>	<p>Both "B" Division and "C" Division swimmers will be seeded TOGETHER using timed finals format. NO SEPARATION OF THE DIVISIONS WILL BE PERFORMED DURING THE SEEDING PROCESS.</p>						

Scoring	<p>Scoring for individual events will be awarded on a standard basis, i.e.:</p> <p>1st – 20 points; 2nd – 17 points; 3rd – 16 points; 4th – 15 points; 5th – 14 points; 6th – 13 points; 7th – 12 points; 8th – 11 points.</p> <p>Scoring for relays will be awarded on a standard basis, i.e.:</p> <p>1st – 40 points; 2nd – 34 points; 3rd – 32 points; 4th – 30 points; 5th – 28 points; 6th – 26 points; 7th – 24 points; 8th – 22 points.</p> <p>The 1st – 8th place finishers in both the “B” and “C” divisions will be eligible to score points, i.e. the first place finishers in both the “B” and “C” divisions will be awarded 20 points. Also, the 1st – 8th place finishers in both the “B” and “C” divisions will be eligible to received medals and ribbons. Team scores will be determined by combining the scoring from both the “B” and “C” Divisions.</p> <p>Entry times and division placement will be used to determine a swimmer’s scoring and awards, i.e. <i>finish placement for swimmers will be based on his or her seed time.</i></p> <p>Events for swimmers 6 and under will not be scored or counted toward team totals.</p> <p>Age group open events will not be scored or counted toward team totals.</p>
Awards	<p>Gold, silver, and bronze medals will be awarded for 1st-3rd place per division. Ribbons will be awarded for 4th-8th place per division. Team Trophies will be awarded for 1st, 2nd and 3rd place teams All 6 and under event participants will receive a trophy.</p>
Entry Fees	<p>Individual Event is \$3.00 per entry if submitted by Thursday, August 4, otherwise \$5 per entry on the day of the meet, Saturday, August 6. Relays are \$7.00 per team. No limit to the number of relays in each age group.</p>
Admissions and Programs	<p>Admission: \$3.00 per person (children under 5 free) Program: \$3.00 each.</p>
Entry Format	<p>Entries must be submitted in Hy-Tek Team Manager format. On Monday, August 1 the meet will be sent by Email to all statisticians with a time standard file. Entries should be entered into the meet provided and Emailed to Ken Steinberg at ken_steinberg@yahoo.com. All fees should be calculated and submitted with a Master Sheet accompanied by a check made payable to “ELAC” and brought to the meet on Saturday, August 6. Deck entries must be paid in cash or by separate check.</p>
Results	<p>Final results will be Emailed to each team by 6:00 PM the day of the meet, Saturday, August 6.</p>
Lifeguards	<p>At least 2 lifeguards will be on duty at all times.</p>
Parking	<p>Due to an extremely small parking lot at the lake, we regret that only cars displaying an “ELPOA” parking sticker will be allowed in the lakeside parking lot.</p>
Concessions	<p>Breakfast, lunch and snacks will be available during the invitational.</p>
Vendor	<p>Metro Swim Shop, 1221 Valley Road Stirling, NJ 07980 800-526-8788; http://www.metroswimshop.com</p>

**ERSKINE LAKES "GO FOR THE GOLD" SWIM MEET INVITATIONAL
SATURDAY, AUGUST 6, 2011 ORDER OF EVENTS**

Erskine Lakes "Go for the Gold" Invitational	August 6, 2011	Warm-up: 8:30 AM Meet starts: 9:00 AM
BOYS	EVENT	GIRLS
1	8 & Under 50 Breaststroke	2
3	9-10 50 Breaststroke	4
5	11-12 50 Breaststroke	6
7	13-14 50 Breaststroke	8
9	15-18 50 Breaststroke	10
11	Mixed 12 & Under 50 Breast	11
12	Mixed 13 & Over 50 Breast	12
13	10 & Under 50 Butterfly	14
15	11-12 50 Butterfly	16
17	13-14 50 Butterfly	18
19	15-18 50 Butterfly	20
21	Mixed 12 & Under 50 Butterfly	21
22	Mixed 13 & Over 50 Butterfly	22
23	8 & Under 50 Backstroke	24
25	9-10 50 Backstroke	26
27	11-12 50 Backstroke	28
29	13-14 50 Backstroke	30
31	15-18 50 Backstroke	32
33	Mixed 12 & Under 50 Backstroke	33
34	Mixed 13 & Over 50 Backstroke	34
35	6 & Under 25 Freestyle	36
LUNCH BREAK		
37	6 & Under 25 Backstroke	38
39	8 & Under 50 Freestyle	40
41	9-10 50 Freestyle	42
43	11-12 50 Freestyle	44
45	13-14 50 Freestyle	46
47	15-18 100 Freestyle	48
49	Mixed 12 & Under 50 Freestyle	49
50	Mixed 13-14 50 Freestyle	50
51	Mixed 15-18 100 Freestyle	51
52	Mixed 8 & Under 200 Freestyle Relay	52
53	9-10 200 Medley Relay	54
55	11-12 200 Medley Relay	56
57	13-14 200 Medley Relay	58
59	Mixed 15-18 200 Medley Relay	59
60	Mixed Open "Family" Medley Relay	60